

# JUNIOR NEWSLETTER

Spring 2022



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## College Selection. . . How students begin

There are thousands of colleges and universities in the country. How are you going to find the one that's right for you?

**Location:** A school's climate can be an important consideration for many students, as well as distance from home. Some students choose to go to school relatively close to home, others want to get as far away as possible. For many, college marks the first opportunity for students to live on their own.

**Cost:** How much you can afford to pay for your education is obviously a major factor in determining where you apply. You don't necessarily have to eliminate schools from your list because the tuition is too high. Instead, begin investigating the many forms of financial aid that are available, including scholarship opportunities. Create accounts at [www.scholarships.com](http://www.scholarships.com) and [www.fastweb.com](http://www.fastweb.com) and get started today. **Use a secondary email account to avoid spam!!**

**Size:** Two of the major distinctions between small and large schools are the number of course offerings and the student-faculty ratio. Most large schools have extensive course offerings; however, many courses will probably be extremely large lecture classes, sometimes numbering hundreds of students. At smaller schools there will be more limited course offerings and fewer majors or departments, but most classes will be pretty small.

**Setting:** If you attend school in a large city, you will have any number of cultural events and activities but you

will also have crowds and noise. Rural campus settings can be very scenic, making it easier to work and study. However, rural campuses are also more isolated and you may find yourself campus-bound for longer periods of time.

**Student Life:** As you investigate schools, look at the range of activities that are available. It is important that you choose a school where you will feel comfortable, both at work and at play. The best way to judge the social atmosphere at a school is to visit or stay overnight in a dormitory.

**Tours:** Make actual college visits during spring break, during the summer or whenever possible. Also take advantage of the College visits that take place in the College & Career Center in the Fall where you can speak one-on-one with reps from colleges and universities from all over the United States.

Research colleges online at:  
[www.princetonreview.com](http://www.princetonreview.com);  
[www.collegeboard.org](http://www.collegeboard.org);  
[www.assist.org](http://www.assist.org);  
[www.aiccu.edu](http://www.aiccu.edu)



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Utilize the CA CareerZone website to take fun surveys and inventories to discover more about yourself and how your interests and skills can translate to possible career options! <https://eduhsd.cacareerzone.org/>

### [Make Money Choices](#)

How much money will you need to support your lifestyle, and which occupations will enable you lead the life you want? Developing a budget can help you explore these options

### [Interest Profiler](#)

Discover what your interests are, and how they relate to the world of work. The Interest Profiler helps you decide what kinds of occupations and jobs you might want to explore based on your interests

### [Quick Assessment](#)

Explore jobs that best match your personality. Are you realistic, investigative, artistic, social, enterprising, or conventional? Find out with this quick assessment

### [Work Importance Profiler](#)

What's important to you in a job? Discover how much you value achievement, independence, recognition, relationships, support, and working conditions in a job. Get a list of jobs that reflect

## Ponderosa High School Graduation Requirements

<b>English</b>	30 credits
<b>Social Studies</b>	30 credits
(World Hist., U.S. Hist., Gov't., Econ.)	
<b>Math</b>	20 credits
(must include Algebra 1)	
<b>Physical Science</b>	10 credits
<b>Life Science</b>	10 credits
<b>Health</b>	5 credits
<b>Computer Technology (ICT)</b>	5 credits
<b>Physical Education</b>	20 credits
<b>Fine Arts/ Foreign Language/CTE</b>	10 credits
<b>Elective</b>	80 credits
<b>Total:</b>	<b>220 credits</b>

## A-G College Requirements

- A. **Social Science**—2 years \*\*
- B. **English**—4 years
- C. **Math** —3 years\*\*  
(Including Algebra 2)
- D. **Lab Science**—2 years \*\*  
(Biology, Chemistry, Adv. Chem , Physics, Anatomy & Physiology, AP Biology, AP Environmental Science, AP Physics)
- E. **Foreign Language**—2 years \*\*
- F. **Visual Performing Art**—1 year
- G. **College Prep Elective**—1 year

\*\*Competitive schools recommend taking at least one additional year.



**Military Academies:**

If you are a college-bound student who is considering a career in the military, it's not too late to get a nomination to one of the military academies. Visit [www.padilla.senate.gov/services/](http://www.padilla.senate.gov/services/) or [mcclintock.house.gov/](http://mcclintock.house.gov/) and scroll to the bottom and click on "Academy Nomination". Have it finished by the end of summer! Keep your grades up and visit your counselor!!

**You should also plan to attend our Military Academy Night on March 24 in the Ponderosa Cafeteria.**



**Scholarship Advice:**

- Get involved in your community; become a volunteer. Check out the various service clubs at PHS such as Key Club.
- It's not too late to take on leadership roles in school, athletics, clubs, church, etc. You don't have to be involved with everything, find something you like and dig in deep!
- Begin your student resume now and include the honors, awards, activities, achievements, community service, athletics, etc. (You will need a resume when you apply for local scholarships next year).
- Excel in your classes. Strive for the higher GPA.
- Think of people you might ask for letters of recommendation in the fall. Scholarships usually ask for two or three letters and they sometimes ask that one letter be from a non-faculty member.
- Begin researching scholarships on our local scholarships database (do not apply until senior year)!

<https://scholarships.edcoe.org/>



**START BUILDING YOUR RESUME** now so you are prepared for the college application and scholarship processes.

**SAT/ACT Test Dates:**

The College & Career Center has practice SAT and ACT test booklets that you can pick up. You can also check out <https://www.revolutionprep.com/programs/> and scroll to the bottom of the page and click on "Take a practice test". Revolution Prep offers free practice tests.

\*The UC & CSU systems will not use SAT/ACT scores for admissions purposes for the Class of 2023

SAT Test Dates 2022:	May 7	June 4	ACT Test Dates 2022:	June 11	July 16
Regular Registration:	April 8	May 5	Regular Registration:	May 6	June 17
Late Registration:	April 26	May 25	Late Registration:	May 20	June 24
Register online at <a href="http://www.collegeboard.com">www.collegeboard.com</a>			Register online at <a href="http://www.actstudent.org">www.actstudent.org</a>		

**PHS School Code 053373**



## Career Technical Education/ ROP Courses

The purpose of the Regional Occupational Program (ROP) is to provide students with marketable skills upon completion. ROP works in cooperation with local businesses in the community to provide students on-the-job training on up-to-date equipment.

Anyone 16 years of age or older is eligible to participate in ROP programs. However, enrollment is limited, and first priority is given to high school seniors.

EDUHSD offers the following ROP courses:

- Animal Health
- Automotive Engine
- Cosmetology
- Culinary Arts
- Dental Careers
- Diesel Engine
- Fire Control Technician
- Health Careers
- Law Enforcement
- Metal Fabrication

### *How much does ROP cost?*

There is no registration fee for high school students. Students may be required to pay for uniforms, kits, tools, textbooks, and/or health tests or shots. Check the district website a complete list of fees.

### *Who provides transportation?*

Students must provide their own transportation. Transportation is not provided to and from ROP courses and /or community job sites.

### Quick Reference Websites:

- Univ. of California System  
<https://admission.universityofcalifornia.edu/>
  - California State Univ. System  
<https://www.calstate.edu/apply>
  - California Independent Colleges  
[www.aiccu.edu](http://www.aiccu.edu)
  - California Community Colleges  
[www.cccco.edu](http://www.cccco.edu)
  - Western University Exchange  
<http://wue.wiche.edu>
- (for out-of-state colleges w/ in-state

Don't miss out on the EDUHSD Regional College Fair on **October 3, 2022** at Union Mine High School.

- 80+ Colleges represented
- The reps at the college fair are the ones who read the applications for their college

## Calendar These Important Dates



### JUNIOR YEAR CALENDAR

#### **March:**

Study for the SAT and/or ACT test if you plan on taking one of the tests.  
(Revolution Prep & Khan Academy resources).  
Begin Military Academy admission process-obtain letter from Congressman/Senator.

#### **April:**

Visit prospective colleges.  
Research colleges using College Board.  
Attend Military Academy Night.

#### **May & June:**

Take AP tests.  
Take SAT, and/or ACT tests.

### SENIOR YEAR CALENDAR

#### **Summer:**

Visit more prospective colleges.  
Volunteer and participate in community service projects.

#### **August & September:**

Register for SAT and/or ACT tests.  
Attend EDUHSD College Fair at Union Mine.

#### **October:**

Apply for admissions to California State Universities, University of California, and private Colleges/Universities.  
Obtain FSA ID for financial aid documents.  
Submit FAFSA.

#### **November:**

Apply for admissions to California State Universities and Universities of California.  
Take the ASVAB Career Exploration / Military Assessment.

#### **December & January:**

Apply for Community College.  
Apply for community based scholarships.

#### **February & March:**

Submit FAFSA before March 2nd.

Apply for community based scholarships.  
Apply for Community College.

#### **April & May:**

Watch for college deadlines and deposits.  
Send Letter of Intent.  
Graduate!!!!

# NCAA INFORMATION—NCAA Eligibility Center

## Initial-Eligibility Clearinghouse

All high-school athletes wishing to participate in intercollegiate athletics at an NCAA Division I or Division II must register online with the Initial-Eligibility Clearinghouse. Information about the Clearinghouse can be found in the *Guide for the College-Bound Student-Athlete* [http://fs.ncaa.org/Docs/eligibility\\_center/Student\\_Resources/CBSA.pdf](http://fs.ncaa.org/Docs/eligibility_center/Student_Resources/CBSA.pdf).

The NCAA requires prospects who intend to enroll at NCAA Division I and Division II institutions to supply ACT or SAT scores to the Clearinghouse directly from the testing agencies. NCAA has waived their testing requirement for the Class of 2022 and has created a committee to determine if they will waive the testing requirements for subsequent graduating classes. The Division I Committee on Academics and Division II Academic Requirements Committee will consider the recommendation at their next meetings in February 2022.

### ***What requirements do I need to be able to practice, play and get a scholarship at a Division I or Division II school?***

You need to complete the following:

- Graduate from high school;
- Complete a minimum of 16 core courses (10 of which must be completed before senior year)
- Present a minimum grade-point average (GPA) in those 16 core courses; and
- Present a qualifying test score on either the ACT or SAT test (TBD for Class of 2023).

### ***When should a student register with the NCAA Eligibility Clearinghouse?***

Students should register with the eligibility center by the end of their junior year in high school. At this time, a transcript, which includes six semesters of grades, should be uploaded to the eligibility center **from the high school. Students need to submit a transcript request form.** Additionally, students should request all SAT or ACT test scores be forwarded directly to the eligibility center whenever they take the exam-use code "9999".



## NCAA Eligibility Center Covid 19 Response



## NCAA Eligibility Center